



SQUAD SCHEDULE TERM 2, 2019



	NATIONAL DEVELOPMENT	STATE JUNIOR	STATE DEVELOPMENT	JX SQUAD	YOUTH
MONDAY AM	5.15 -7.15 am	5.15 - 7.15 am	5.30 – 7.00 am		
MONDAY PM	5.00 - 6.00pm GYM 6.00 - 7.00pm SWIM	5.00 - 6.00pm GYM 6.00 - 7.00pm SWIM		6.00- 7.30pm	7.30 - 8.30pm
TUESDAY AM	5.15 -7.15 am	5.15 - 7.15 am			
TUESDAY PM	6.30 - 8.00pm AQUARENA	6.30 - 8.00pm AQUARENA	6.00 - 7.30pm	6.00 -7.30pm	7.30 - 8.30pm
WEDNESDAY AM					
WEDNESDAY PM	6.00 - 7.30pm	6.00 -7.30pm			
THURSDAY AM	5.15 - 7.15 am	5.15- 7.15 am	5.30 - 7.00am		
THURSDAY PM	6.00 - 7.30pm	6.00 - 7.30pm		6.00 -7.30pm	7.30 - 8.30pm
FRIDAY AM	5.15 – 7.15am	5.15 – 7.15 am			
FRIDAY PM			5.00pm -6.30pm	5.00 -6.30pm	
SATURDAY AM	5.30 - 8.00am SWIM & GYM	5.30 - 8.00am SWIM & GYM	6.30 -8.00am		